

# TEAM **K** EANE

## Sculling School

Guidance Notes for registering with 'Fitclub.me'. Online attendance app.

1. Firstly create your own profile at [www.fitclub.me](http://www.fitclub.me) *Please note the profile needs to be set up in the name of the person rowing and not a parents name*
2. Then go to the Clubs section ==> Join a Club ==> Team Keane Sculling School
3. We then get an automated request to add you to the club, and will add you to the Junior Holding group
4. Once we have confirmed your payment in our bank statements, and you have filled in the declaration form, you will be given access to your squads calendar
5. You can then confirm your availability or unavailability for a session. Sessions will need to be confirmed in advance of the session
6. There is a cut off day/time for you to confirm availability for each session. If you click on the calendar item, you will see the cut-off day/time for each session. This day/time should be the same for each week's session.
7. If you do not confirm availability you will not be able to row, as crews will be preset from the availability on 'Fitclub', and to have access to 'Fitclub' you need to have completed your declaration form and paid your invoice. If there is any problem with either of these, please contact [Sari@teamkeane.com](mailto:Sari@teamkeane.com) or [Miranda@teamkeane.com](mailto:Miranda@teamkeane.com) re an invoice payment and [Nicki@teamkeane.com](mailto:Nicki@teamkeane.com) regarding a declaration form.
8. Please do not turn up at the boathouse if you have not confirmed your availability, unless you have contacted your coach beforehand and they have said that it is ok for you to do so.