

TEAM **K**EANE

Sculling School

www.teamkeane.com, enquiries: admin@teamkeane.com

British Rowing Code of Conduct

These British Rowing Codes of Conduct are applicable to all those participating in rowing.

Any repeated breach of these codes of conduct will be investigated under the appropriate disciplinary or complaints procedure. Reports or complaints should be made in the first instance to the Club Welfare Officer of a club officer.

Complaints and concerns relating to safeguarding or protection of vulnerable groups may also be sent direct to the Child Protection Officer at British Rowing. In this instance the Case Management Group will decide the level of investigation.

Including

1. Rights of individuals
2. Code of conduct for participants and competitors
3. Code of conduct for parents/carers involved in rowing

1. Rights of individuals

All participants in rowing, including children, participants and competitors, coxes, coaches, umpires, marshals and spectators have the right:

- to enjoy safe participation in rowing
- to be treated as individuals at all times
- to express their views
- to be listened to and believed
- to determine their own goals and participation in sport
- to seek support to help them develop
- to receive support for their individual needs
- to balance rowing and other aspects of their life to sustain enjoyable participation in the sport
- to be treated with respect
- to enjoy an environment free of discrimination on the grounds of gender, race, colour, disability, sexuality, age, marital status, occupation or political opinion
- to participate free from the threat of abuse
- not to be subject to humiliation, shame or insult
- not to have to endure abuse, including verbal abuse, bullying, neglect or physical abuse
- to enjoy an environment free of sexual harassment and sexual abuse
- not to be exploited
- not to be pressurised to train or compete
- to adequate rest and recovery
- not to train or compete when ill or injured
- to be treated in accordance with British Rowing guidelines
- to receive quality coaching and instruction from appropriately qualified individuals.

2. Code of conduct for participants and competitors

At all times, when practicing, training or competing at clubs, competitions and events, participants and competitors should:

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- follow the rules and procedures of their club
- adhere to British Rowing rules and guidelines
- act in accordance with the rules of the competition or event
- Study in advance, understand, and follow the rules, regulations and guidelines of the competition/event with regards to safety, emergency procedures, boating, marshalling, and cancellation.
- Follow the directions of marshals, umpires and officials of the club/competition/event.
- Accept the decisions of officials of the event.
- Not take banned substances.
- act in a sportsmanlike way during training and competition
- treat other competitors, coaches, other water users and officials of clubs, competitions and events with respect
- Avoid swearing at or shouting at others.
- Not threaten others nor engage in acts of verbal or physical abuse or other types of abuse.
- respect the rights, dignity and worth of other participants, and not discriminate on the grounds of gender, race, colour, disability, sexuality, age, marital status, occupation or political opinion
- avoid inappropriate relationships with their coach
- keep to agreed timings, or inform the relevant person if they are going to be late.

3. Code of conduct for parents/carers involved in rowing

Parents/carers should recognise the rights of their children.

Parents/carers should:

- ensure that their children have fun when practicing, training and competing in rowing
- promote the health, safety and well being of children first and foremost
- not over emphasise winning
- listen to, respect and take into account children's views about participation, and recognize their right to determine their participation
- encourage their children to participate for their own intrinsic enjoyment, not for the enjoyment or ambition of their parents
- encourage their children to take responsibility for their own actions, performance and behaviour
- not force children to participate in the sport
- not allow their children to compete when ill or injured.

Parents/carers should encourage long term participation in rowing. Parents/carers should work with the club and/or coach to:

- ensure that the level and type of participation is appropriate to their child's stage of development
- encourage children to play and experience a broad variety of sports, particularly younger children
- promote individual progress, skill and development before winning in age group competition, to help promote long term participation of children in the sport
- avoid placing undue pressure on their children
- ensure that the ability and performance of their child in sport is not excessively linked with their own perceptions of self worth.

Parents/carers should support their child's involvement in training, events and competitions. Parents/carers should:

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- not force their child to take part in the sport
- encourage their child's effort
- be willing to become a member of the club
- be aware of club codes of conduct
- be aware of the club's Welfare Officer
- be aware of the club, competition or event's policies and procedures to ensure the safety of children and others
- provide consent for their child to participate in training, competition and events
- ask about the club's policy for recruiting coaches and officials working with children and vulnerable adults
- inform the coach of individual needs of the child that may affect their participation, including medical conditions or illness
- discuss the requirements of the sport and the nature and duration of the coaching relationship with coaches, at an agreed time and place.
- provide their children with equipment to suit the conditions, i.e. clothing suitable for cold/warm weather, a water bottle, and sunscreen.
- receive information from the coach about the schedule of the programme of training and the rationale behind the activities
- assist clubs to care for their children, and not to treat the club as a child minding service
- make arrangements to collect their child promptly at the end of sessions at the agreed time.

Parents/carers should be a good role model at clubs competitions and events. Parents/carers should:

- encourage their child to accept all individuals and not to discriminate on the basis of their ability, gender, race, religion etc.
- act in a sportsmanlike way when supporting and spectating
- use correct and proper language at all times
- be encouraging towards their children and others
- accept that errors are an important part of learning and not condemn children for making them
- respect officials of the club, event or competition and other participants, supporters and parents
- act with respect for the decisions of officials and coaches, and without criticism
- avoid swearing at, yelling at, or chastising children, officials, coaches, or others
- raise any concerns they have about a child or coach, or their behaviour, as soon as possible with the appropriate designated person at the club or event
- encourage children to follow the rules of events and competitions and to adhere to British Rowing guidelines
- not coach their children at training and competition, unless engaged in recognized coaching responsibilities
- avoid smoking or consuming alcohol whilst supporting.